



Centro Morra
Medical Wellness



Nichè
Fitness & Wellbeing



Pilates Reformer 2026/27

nicheclub.it

LUNEDÌ



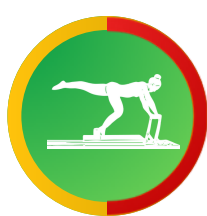
08:30 - 50' - ANTONELLA
Reformer
Basic



17:00 - 50' - ELENA
Reformer
Basic



18:00 - 50' - ELENA
Reformer
Intermedio



19:00 - 50' - ELENA
Reformer
Intermedio/Avanzato

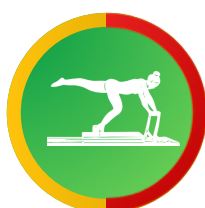


20:00 - 50' - ELENA
Reformer
Avanzato

MARTEDÌ



07:30 - 50' - MARIAGRAZIA
Reformer
Intermedio/Avanzato



08:30 - 50' - MARIAGRAZIA
Reformer
Intermedio/Avanzato



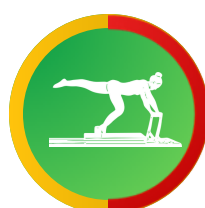
12:30 - 50' - MARIAGRAZIA
Reformer
Functional



13:30 - 50' - MARIAGRAZIA
Reformer
Postural Miofasciale



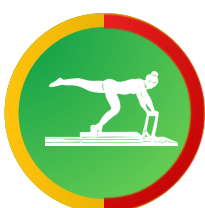
16:00 - 50' - In lavorazione
Reformer
Intermedio



17:00 - 50' - In lavorazione
Reformer
Intermedio/Avanzato



18:00 - 50' - In lavorazione
Reformer
Intermedio/Avanzato



20:30 - 50' - ADELE
Reformer
Intermedio/Avanzato



MERCOLEDÌ



08:30 - 50' - ANTONELLA
Reformer
Basic



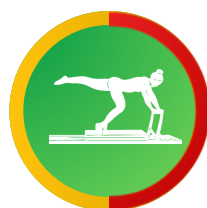
11:30 - 50' - ANTONELLA
Reformer
Basic



17:00 - 50' - ELENA
Reformer
Basic



18:00 - 50' - ELENA
Reformer
Intermedio

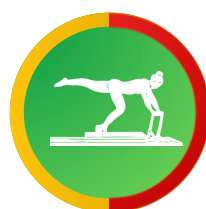


19:00 - 50' - ELENA
Reformer
Intermedio/Avanzato



20:00 - 50' - ELENA
Reformer
Avanzato

GIOVEDÌ



07:30 - 50' - MARIAGRAZIA
Reformer
Intermedio/Avanzato



08:30 - 50' - MARIAGRAZIA
Reformer
Intermedio/Avanzato



12:30 - 50' - MARIAGRAZIA
Reformer
Functional



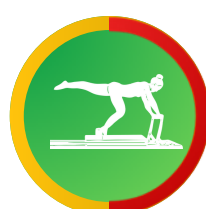
13:30 - 50' - MARIAGRAZIA
Reformer
Postural Miofasciale



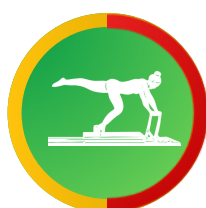
16:00 - 50' - In lavorazione
Reformer
Postural Miofasciale



17:00 - 50' - In lavorazione
Reformer
Intermedio/Avanzato



18:00 - 50' - In lavorazione
Reformer
Intermedio/Avanzato



20:30 - 50' - ADELE
Reformer
Intermedio/Avanzato



VENERDÍ



08:30 - 50' - ANTONELLA
Reformer
Basic

SABATO



11:00 - 50' - ANTONELLA/ADELE
Reformer
Basic



12:00 - 50' - ANTONELLA/ADELE
Reformer
Intermedio

